



# 24/7 Nurseline

## *Around-the-Clock, Toll-Free Support*

Health concerns don't always follow a 9-to-5 schedule. Fortunately, registered nurses are on call at **(800) 581-0368** to answer your health questions, wherever you may be, 24 hours a day, seven days a week.

The 24/7 Nurseline's registered nurses can understand your health concerns and give general health tips. Get trusted guidance on possible emergency care, urgent care, family care and more.

*Could your child's fever or sore throat turn into something more serious?*

*Is your 1 a.m. asthma attack cause for a trip to the ER?*

The **24/7 Nurseline** can help you figure out if you should call your doctor, go to the ER or treat the problem yourself.

### When should you call?

The toll-free Nurseline can help you or a covered family member get answers to health problem questions, such as:

- Asthma, back pain or chronic health issues
- Dizziness or severe headaches
- High fever
- A baby's nonstop crying
- Cuts or burns
- Sore throat

Plus, when you call, you can access an audio library of more than 1,000 health topics—from allergies to women's health—with more than 600 topics available in Spanish.

**Get the information you need, just when you need it.**



Note: For medical emergencies, call 911 or your local emergency services first. This program is not a substitute for a doctor's care. Talk to your doctor about any health questions or concerns.

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